

Ergebnisliste

25. Rhein-Ahr Triathlon des Triathlon Team Sinzig am 09.09.2018

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
1	1	Simon Schwarz	Triathlon TuS Ahrweiler	AK25 m	02:10:14,9	00:22:38,3	01:12:12,0	00:35:24,6
2	2	Uwe Drescher	Triathlon Team DSW Darmsta	AK25 m	02:11:58,4	00:22:05,8	01:12:42,4	00:37:10,2
3	1	Pascal Ramali	Schwimm Club Oberursel	AK30 m	02:12:38,4	00:22:56,8	01:12:36,7	00:37:04,9
4	3	Nils Klein	Endurance Team Pirmasens	AK25 m	02:12:41,1	00:24:09,3	01:12:33,4	00:35:58,4
5	1	Julius Ott	TSV Amicitia Viernheim 1906/	AK20 m	02:12:43,6	00:22:04,3	01:14:54,4	00:35:44,9
6	1	Michael Lik	TV Bad Orb	AK40 m	02:12:44,9	00:21:57,4	01:15:05,3	00:35:42,2
7	2	Florian Brosch	TV Bad Orb	AK30 m	02:12:52,9	00:22:39,1	01:14:33,4	00:35:40,4
8	4	Ruben Zillig	TSV Amicitia Viernheim 1906/	AK25 m	02:12:54,6	00:22:52,6	01:15:10,4	00:34:51,6
9	3	Tobias Zöller	DSW Darmstadt	AK30 m	02:13:17,6	00:23:05,1	01:15:15,4	00:34:57,1
10	1	Jens Kaiser	Kern-Haus Team RSG Montab	AK35 m	02:13:57,8	00:22:48,3	01:11:28,7	00:39:40,8
11	2	Florian Weyerhäuser	TriTeam LAZgo	AK20 m	02:14:54,3	00:22:50,3	01:15:35,7	00:36:28,3
12	5	Jan-Luca Mölling	Schwimm Club Oberursel	AK25 m	02:15:01,6	00:21:40,4	01:13:26,1	00:39:55,1
13	1	Timo Spitzhorn	Kern-Haus Team RSG Montab	Jun m	02:15:30,6	00:21:38,1	01:14:59,1	00:38:53,4
14	2	Daniel Pittich	DSW Darmstadt	AK35 m	02:15:57,1	00:22:21,6	01:14:47,6	00:38:47,9
15	3	Timo Brückhof	Triathlon Wetterau	AK35 m	02:16:02,6	00:24:27,6	01:13:52,4	00:37:42,6
16	6	Lutz Koller	Schwimm Club Oberursel	AK25 m	02:16:07,3	00:22:22,8	01:15:39,7	00:38:04,8
17	3	Nico Fuchs	1. FCK Tri Team Pizza Hut Sa	AK20 m	02:16:43,1	00:23:47,6	01:14:58,6	00:37:56,9
18	4	Simon Huckestein	EJOT Team TV Buschhütten	AK30 m	02:16:44,8	00:23:56,8	01:18:15,4	00:34:32,6
19	5	David Behnsen	SV Gelnhausen	AK30 m	02:17:43,3	00:21:44,6	01:15:16,9	00:40:41,8
20	6	Matthias Stücher	DSW Darmstadt	AK30 m	02:17:57,6	00:24:23,1	01:15:16,4	00:38:18,1
21	7	Rafael Ruppel	SV Gelnhausen	AK30 m	02:18:39,3	00:23:30,8	01:14:33,7	00:40:34,8
22	7	Max Weber	Schwimm Club Oberursel	AK25 m	02:18:44,3	00:22:16,8	01:14:54,9	00:41:32,6
23	2	Eik Tietz	Endurance Team Pirmasens	AK40 m	02:18:57,6	00:23:00,8	01:15:46,7	00:40:10,1
24	4	Sven-Arne Bartels	Triathlon Wetterau	AK35 m	02:18:58,3	00:23:10,3	01:15:10,4	00:40:37,6
25	8	Simon Brend	TV Bad Orb	AK30 m	02:19:10,3	00:22:58,8	01:17:26,4	00:38:45,1
26	8	Bastian Schäfer	TCEC BigDeal Herren	AK25 m	02:19:13,5	00:23:50,8	01:14:11,2	00:41:11,5
27	9	Phillip Echer	SRL Triathlon Koblenz	AK30 m	02:19:16,3	00:23:33,1	01:14:16,1	00:41:27,1
28	5	Benedikt Küstermann	Schwimm Club Oberursel	AK35 m	02:19:32,3	00:23:18,4	01:14:46,8	00:41:27,1
29	3	Sebastian Felix Girg	Triathlon Wetterau	AK40 m	02:19:33,6	00:23:16,6	01:17:11,6	00:39:05,4
30	6	Sebastian Pielbusch	1. FCK Tri Team Pizza Hut Sa	AK35 m	02:20:02,8	00:23:32,8	01:16:14,9	00:40:15,1
31	4	Leon Steinböhrer	Eintracht Frankfurt e.V.	AK20 m	02:20:03,0	00:22:33,3	01:17:26,2	00:40:03,5
32	5	Jan Erik Künne	Eintracht Frankfurt e.V.	AK20 m	02:20:07,8	00:23:11,1	01:17:18,4	00:39:38,3
33	9	Nils Haase	VFL Münster	AK25 m	02:20:21,3	00:23:29,3	01:16:54,4	00:39:57,6
34	7	Michael Göntgens	TCEC BigDeal Herren	AK35 m	02:20:52,5	00:23:33,8	01:18:04,9	00:39:13,8
35	4	Stephan Mertins	VFL Michelstadt	AK40 m	02:21:01,8	00:22:38,1	01:16:01,4	00:42:22,3
36	10	David Mohr	TSG Maxdorf	AK25 m	02:21:03,3	00:24:34,8	01:17:08,2	00:39:20,3
37	8	Fabian Deidenbach	Team flott	AK35 m	02:21:13,0	00:24:19,6	01:13:47,1	00:43:06,3
38	9	Christian Sieben	Team Mittelmosel Triathlon /	AK35 m	02:21:28,8	00:24:07,1	01:15:05,9	00:42:15,8
39	6	Till Speicher	TriTeam LAZgo	AK20 m	02:21:29,3	00:22:26,1	01:20:00,6	00:39:02,6
40	11	Nicolas Saurenz	Tri Post Trier	AK25 m	02:21:58,7	00:23:19,6	01:18:37,6	00:40:01,5
41	10	Thomas Schlohmann	TSG Maxdorf	AK35 m	02:22:18,5	00:24:12,1	01:18:36,8	00:39:29,6
42	10	Christian Senzel	SV Gelnhausen	AK30 m	02:22:44,3	00:23:09,1	01:18:19,8	00:41:15,4
43	12	Sascha Petermann	DSW Darmstadt	AK25 m	02:23:20,3	00:22:55,8	01:18:25,4	00:41:59,1
44	11	Johannes Scherer	Team Mittelmosel Triathlon /	AK35 m	02:23:25,5	00:24:14,3	01:17:23,6	00:41:47,6
45	1	Jürgen Fries	Kern-Haus Team RSG Montab	AK50 m	02:23:26,5	00:24:13,4	01:18:01,3	00:41:11,8
46	2	Bruno Demissié	Traithlon TuS Ahrweiler	AK50 m	02:24:08,5	00:24:39,3	01:19:45,9	00:39:43,3
47	13	Lars Strohbach	Eintracht Frankfurt e.V.	AK25 m	02:24:17,8	00:22:19,4	01:22:55,3	00:39:03,1
48	12	Niclas Prokasky	TSG Maxdorf	AK35 m	02:24:20,5	00:26:17,8	01:15:38,4	00:42:24,3
49	3	Oliver Weber	Triathlon Wetterau	AK50 m	02:24:30,0	00:23:16,3	01:15:42,9	00:45:30,8
50	11	Philipp Lehardt	Endurance Team Pirmasens	AK30 m	02:24:43,3	00:24:14,6	01:21:02,3	00:39:26,4
51	1	Jürgen Meurer	Kern-Haus Team RSG Montab	AK55 m	02:24:44,0	00:23:47,8	01:18:33,2	00:42:23,0
52	1	Tobias Wiesemann	1. FCK Tri Team Pizza Hut Sa	AK45 m	02:24:45,5	00:23:40,8	01:20:07,1	00:40:57,6
53	7	Matthias Thome	TSV Amicitia Viernheim 1906/	AK20 m	02:24:58,5	00:24:08,6	01:15:40,1	00:45:09,8
54	8	Sebastian Steigert	Eintracht Frankfurt e.V.	AK20 m	02:25:25,2	00:22:15,1	01:17:32,9	00:45:37,2
55	9	Leon Hagenlocher	VFL Münster	AK20 m	02:25:33,2	00:21:48,6	01:22:15,6	00:41:29,0
56	5	Jan Homberg	VFL Michelstadt	AK40 m	02:25:37,7	00:23:34,6	01:19:11,6	00:42:51,5
57	2	Sven Theis	VFL Münster	Jun m	02:25:40,2	00:23:11,6	01:20:40,8	00:41:47,8
58	10	Nicolas Honsowitz	TSV Amicitia Viernheim 1906/	AK20 m	02:26:00,2	00:22:17,9	01:21:32,0	00:42:10,3
59	4	Frank Krause	SRL Triathlon Koblenz Masters	AK50 m	02:26:01,2	00:24:52,3	01:20:53,6	00:40:15,3
60	14	Felix Gundlach	SV Gelnhausen	AK25 m	02:26:08,7	00:22:40,3	01:22:17,9	00:41:10,5
61	5	Ralf Engemann	VFL Michelstadt	AK50 m	02:26:32,7	00:24:55,6	01:20:03,6	00:41:33,5
62	11	Andrei Gherasim	DSW Darmstadt	AK20 m	02:26:35,7	00:22:21,9	01:22:50,5	00:41:23,3
63	13	Andreas Jescke	SRL Triathlon Koblenz	AK35 m	02:26:45,0	00:27:21,3	01:20:37,6	00:38:46,1
64	14	Tobias Alt	1. FCK Tri Team Pizza Hut Sa	AK35 m	02:26:48,5	00:23:36,1	01:19:52,3	00:43:20,1
65	2	Karsten Ulrich	LTF Marpingen	AK45 m	02:26:52,2	00:24:18,3	01:20:13,6	00:42:20,3

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25. Rhein-Ahr Triathlon des Triathlon Team Sinzig am 09.09.2018

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
66	15	Andreas Maus	Wind coaching	AK35 m	02:26:59,2	00:23:23,1	01:21:22,3	00:42:13,8
67	3	Jonas Horn	Tri Post Trier II	Jun m	02:27:10,2	00:23:10,1	01:21:45,3	00:42:14,8
68	16	Andreas Hinrich	SV Gelnhausen	AK35 m	02:27:22,2	00:23:12,1	01:20:37,6	00:43:32,5
69	12	Marco Dohle	Triathlon Wetterau	AK30 m	02:27:24,5	00:23:36,1	01:23:15,3	00:40:33,1
70	6	Andreas Bund	Tri Post Trier Masters	AK50 m	02:27:26,4	00:24:52,0	01:20:56,1	00:41:38,3
71	4	Jonas Hüther	TriTeam LAZgo	Jun m	02:27:32,5	00:24:29,6	01:22:35,8	00:40:27,1
72	7	Mario Radke	SRL Triathlon Koblenz Masters	AK50 m	02:27:58,2	00:25:25,3	01:19:27,8	00:43:05,1
73	12	Lukas Scholl	VFL Münster	AK20 m	02:28:16,7	00:23:13,1	01:18:52,1	00:46:11,5
74	13	Sven Berg	Tri Post Trier II	AK30 m	02:28:17,7	00:24:28,3	01:23:15,4	00:40:34,0
75	15	Michael Zacher	TSV Amicitia Viernheim 1906/	AK25 m	02:28:30,2	00:22:51,1	01:22:35,3	00:43:03,8
76	17	Michael Dötsch	TMK Triathlon Mülheim Kärlic	AK35 m	02:29:04,7	00:24:41,1	01:22:19,6	00:42:04,0
77	16	Nikolai Haase	Tri Post Trier II	AK25 m	02:29:31,2	00:23:37,1	01:24:45,1	00:41:09,0
78	8	Bernd Matheis	LSV 07	AK50 m	02:29:40,0	00:25:07,3	01:21:42,1	00:42:50,6
79	17	Christian Ganser	TMK Triathlon Mülheim Kärlic	AK25 m	02:29:43,7	00:25:03,6	01:21:35,1	00:43:05,0
80	14	Jörn Gabler	TV Bad Orb	AK30 m	02:29:47,2	00:27:14,3	01:20:48,9	00:41:44,0
81	18	Marco Fuhrmann	TMK Triathlon Mülheim Kärlic	AK25 m	02:29:49,5	00:24:31,8	01:22:03,1	00:43:14,6
82	6	Otto Ströbel	DLRG Vallendar	AK40 m	02:29:51,9	00:23:24,8	01:20:43,6	00:45:43,5
83	15	Dirk Gimnig	Team flott	AK30 m	02:29:55,5	00:24:52,1	01:23:06,5	00:41:56,9
84	16	Johannes Flesch	Team Mittelmosel Triathlon /	AK30 m	02:30:15,7	00:24:33,8	01:26:21,3	00:39:20,6
85	13	Maximilian Tolksdorf	TMK Triathlon Mülheim Kärlic	AK20 m	02:30:16,0	00:23:42,8	01:20:18,6	00:46:14,6
86	19	Philipp Brenner	Die MANNschaft e.V.	AK25 m	02:30:54,4	00:26:54,3	01:22:40,3	00:41:19,8
87	3	Markus Mille	Kern-Haus Team RSG Montab	AK45 m	02:30:55,7	00:23:13,8	01:22:58,3	00:44:43,6
88	4	Thomas Pax	LG-Heimerzheim	AK45 m	02:30:56,7	00:24:33,3	01:21:21,1	00:45:02,3
89	5	Pascal Thielke	Traithlon TuS Ahrweiler	Jun m	02:31:10,7	00:22:43,6	01:25:11,3	00:43:15,8
90	14	Peter Lang	TCEC BigDeal Herren	AK20 m	02:31:28,7	00:25:07,3	01:22:29,7	00:43:51,7
91	9	Stefan Schreiner	LTF Marpingen	AK50 m	02:31:29,9	00:23:43,8	01:24:50,3	00:42:55,8
91	18	Andreas Erdrich	SSF Bonn Triathlon	AK35 m	02:31:29,9	00:27:03,3	01:20:17,3	00:44:09,3
93	5	Markus Quirin	Tri Post Trier Masters	AK45 m	02:31:37,4	00:23:38,5	01:22:21,6	00:45:37,3
94	17	Raphael Kalnicki	TMK Triathlon Mülheim Kärlic	AK30 m	02:31:43,7	00:24:06,6	01:17:21,6	00:50:15,5
95	18	Robert Ploen	TCEC Peter Wessel	AK30 m	02:32:13,7	00:27:27,1	01:21:17,0	00:43:29,6
96	15	Joshua Steinmetz	VFL Münster	AK20 m	02:32:19,4	00:23:56,8	01:28:13,1	00:40:09,5
97	1	Imke Jagau	Eintracht Frankfurt e.V.	AK25 w	02:32:40,8	00:25:02,5	01:23:37,6	00:44:00,7
98	6	Herwart Bardon	SSF Bonn	AK45 m	02:32:41,9	00:26:23,5	01:26:09,1	00:40:09,3
99	7	Matthias Ziegler	LTF Marpingen	AK45 m	02:32:56,4	00:25:45,0	01:20:16,9	00:46:54,5
100	19	Philipp Mies	Team flott	AK30 m	02:33:01,4	00:26:15,3	01:23:09,6	00:43:36,5
101	7	Thorsten Meyer	Team flott	AK40 m	02:33:01,5	00:25:32,6	01:25:24,0	00:42:04,9
102	19	Christoph Klein	Team Mittelmosel Triathlon /	AK35 m	02:33:38,4	00:25:05,1	01:24:33,8	00:43:59,5
103	20	Florian Hahn	TSG Maxdorf II	AK35 m	02:33:39,2	00:24:45,8	01:26:26,8	00:42:26,6
104	1	Sara Bund	Tri Post Trier Damen	AK35 w	02:33:57,6	00:24:27,2	01:26:45,1	00:42:45,3
105	2	Denise Isabelle Schmid	3defacto Team asc Darmstadt	AK25 w	02:34:05,1	00:24:25,2	01:24:00,6	00:45:39,3
106	8	Stephan Jung	TCEC BigDeal Masters	AK45 m	02:34:12,8	00:28:54,3	01:23:17,5	00:42:01,0
107	8	Mathias Menzel	SRL Triathlon Koblenz	AK40 m	02:34:13,6	00:26:14,0	01:22:19,6	00:45:40,0
108	16	Jonas Stobbe	SSF Bonn	AK20 m	02:34:14,9	00:25:48,3	01:25:09,3	00:43:17,3
109	2	Manuela Bartels	Triathlon Wetterau	AK35 w	02:34:29,8	00:24:45,0	01:23:28,6	00:46:16,2
110	2	Raymond Szostek	Ironteam Hasselt	AK55 m	02:34:36,3	00:26:13,0	01:23:02,6	00:45:20,7
111	21	Peter Birkefeld	TMK Triathlon Mülheim Kärlic	AK35 m	02:34:37,2	00:24:53,8	01:24:24,8	00:45:18,6
112	10	Gerd Uhren	Traithlon TuS Ahrweiler	AK50 m	02:34:42,2	00:24:01,6	01:24:04,8	00:46:35,8
113	9	Marcus Blumenberg	SRL Triathlon Koblenz	AK40 m	02:34:43,7	00:25:00,3	01:25:48,6	00:43:54,8
114	9	Stephan Müll	SV Hellas Siegburg	AK45 m	02:35:01,4	00:24:21,0	01:26:25,6	00:44:14,8
115	10	Marco Kather	SRL Triathlon Koblenz	AK40 m	02:35:21,4	00:23:34,8	01:22:02,1	00:49:44,5
116	20	Frank Vornholt	Laufftreff Ingelheim	AK30 m	02:35:43,6	00:25:27,0	01:27:41,6	00:42:35,0
117	21	Fabian Ritz	Kern-Haus Team RSG Montab	AK30 m	02:35:46,6	00:25:12,5	01:25:04,1	00:45:30,0
118	11	Manfred Schrömgies	SRL Triathlon Koblenz Masters	AK50 m	02:36:28,3	00:24:23,8	01:24:17,3	00:47:47,2
119	12	Frank Weinand	TSG Maxdorf	AK50 m	02:36:37,6	00:26:17,0	01:26:27,8	00:43:52,8
120	11	Christoph Wierig	SV Hellas Siegburg	AK40 m	02:36:44,9	00:24:47,5	01:24:13,4	00:47:44,0
121	12	Florian Biedermann	Marathon-Club Eschweiler	AK40 m	02:37:09,4	00:24:51,5	01:20:41,9	00:51:36,0
122	13	Andre Koch	PSV Bonn Triathlon	AK40 m	02:37:09,9	00:26:30,5	01:25:49,3	00:44:50,1
123	17	Philipp Letzel	1. FCK Tri Team Pizza Hut Sa	AK20 m	02:37:14,4	00:24:13,3	01:24:59,3	00:48:01,8
124	1	Connie Seiboth	Eintracht Frankfurt e.V.	AK30 w	02:37:15,1	00:24:48,7	01:27:26,6	00:44:59,8
125	13	Thomas Groß	LTF Marpingen	AK50 m	02:37:18,1	00:24:19,5	01:24:30,1	00:48:28,5
126	22	Malte Schliecker	TMK Triathlon Mülheim Kärlic	AK35 m	02:37:27,4	00:28:21,5	01:24:53,9	00:44:12,0
127	6	Leon Schenke	Triathlon TuS Ahrweiler	Jun m	02:37:43,8	00:23:33,8	01:29:50,5	00:44:19,5
128	22	Jens Deiß	TSG Maxdorf	AK30 m	02:38:16,1	00:24:47,3	01:29:21,3	00:44:07,5
129	3	Myriam Reuter	SRL Triathlon Koblenz Damen	AK35 w	02:38:57,0	00:27:02,2	01:27:45,3	00:44:09,5
130	2	Nadine Schmidt	Triathlon Wetterau	AK30 w	02:39:29,5	00:25:31,0	01:22:51,1	00:51:07,4

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25. Rhein-Ahr Triathlon des Triathlon Team Sinzig am 09.09.2018

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
131	3	Chris Fröhlich	Team Triathlon Dreikirchen	AK55 m	02:39:35,3	00:27:08,2	01:28:08,3	00:44:18,8
132	4	Engel Mathias Koch	Tri Post Trier Masters	AK55 m	02:40:19,3	00:22:37,3	01:30:51,3	00:46:50,7
133	3	Isabel Schönhofen	Team Mittelmosel Triathlon /	AK25 w	02:40:22,4	00:24:28,6	01:33:58,7	00:41:55,1
134	14	Klaus Krämer	Endurance Team Pirmasens	AK40 m	02:40:23,9	00:24:57,3	01:29:10,1	00:46:16,5
135	10	Marco Jessen	TCEC Peter Wessel	AK45 m	02:40:34,9	00:24:56,3	01:31:33,3	00:44:05,3
136	18	Martin Wald	LSV 07	AK20 m	02:40:50,4	00:24:21,8	01:28:16,3	00:48:12,3
137	1	Bernd Hauser	TSG Maxdorf	AK60 m	02:40:55,3	00:27:57,8	01:25:27,3	00:47:30,2
138	14	Axel Schäfer	LG Laacher See	AK50 m	02:41:07,8	00:27:03,5	01:28:20,8	00:45:43,5
139	23	Jan Fischer	Team flott.	AK35 m	02:41:09,3	00:27:54,2	01:27:02,3	00:46:12,8
140	2	Martin Langlotz	TSG Maxdorf	AK60 m	02:41:17,6	00:29:44,0	01:26:04,0	00:45:29,6
141	15	Heiko Braun	TCEC BigDeal Masters	AK40 m	02:41:23,6	00:26:59,0	01:29:10,6	00:45:14,0
142	11	Stefan Müller	Drachenfels Esele	AK45 m	02:41:25,3	00:28:26,5	01:24:52,1	00:48:06,7
143	4	Luisa Klein	3defacto Team asc Darmstadt	AK25 w	02:41:43,0	00:25:38,2	01:27:56,6	00:48:08,2
144	16	Torben Baum	TV 1860 Mußbach	AK40 m	02:41:53,3	00:24:41,3	01:30:46,5	00:46:25,5
145	5	Norbert Tesch	SV Hellas Siegburg	AK55 m	02:41:57,8	00:27:50,7	01:28:38,8	00:45:28,3
146	15	Gerd Asel	SG LLG Wonnegau / Poseidon	AK50 m	02:41:58,8	00:28:28,3	01:24:58,5	00:48:32,0
147	7	Samuel Höfer	TMK Triathlon Mülheim Kärlic	Jun m	02:41:58,9	00:28:11,6	01:28:42,3	00:45:05,0
148	20	Gregor Baum		AK25 m	02:42:01,8	00:27:23,5	01:25:47,8	00:48:50,5
149	3	Friedrich Louis	TV 1860 Mußbach	AK60 m	02:42:15,1	00:26:28,3	01:27:10,5	00:48:36,3
150	5	Rebecca Huckestein	Triathlon Wetterau	AK25 w	02:42:20,3	00:26:55,7	01:30:18,3	00:45:06,3
151	16	Roman Klinkert	SSF Bonn	AK50 m	02:42:23,3	00:26:27,0	01:27:38,8	00:48:17,5
152	21	Martin Holzhausen		AK25 m	02:42:31,3	00:25:03,5	01:27:52,6	00:49:35,2
153	17	Volker Kurreck	Team ERDINGER Alkoholfrei	AK50 m	02:42:46,5	00:29:04,5	01:24:48,1	00:48:53,9
154	17	Andreas Wollweber	SV Hellas	AK40 m	02:42:47,1	00:29:27,7	01:23:33,9	00:49:45,5
155	12	Rene Strosny	SV TriCity Darmstadt	AK45 m	02:42:52,8	00:32:27,0	01:26:12,5	00:44:13,3
156	6	Ralf Fey	SRL Triathlon Koblenz II	AK55 m	02:42:57,3	00:24:41,6	01:28:35,8	00:49:39,9
157	7	Wolfgang Köllner	TSG Maxdorf	AK55 m	02:43:03,3	00:22:53,0	01:32:42,1	00:47:28,2
158	24	Richard Rae	TCEC BigDeal Herren	AK35 m	02:43:14,8	00:25:07,6	01:29:07,3	00:48:59,9
159	8	Johannes Müller	Bundespolizei	AK55 m	02:43:18,0	00:26:45,5	01:27:53,0	00:48:39,5
159	18	Rene Kamerseder	SSF Bonn Triathlon	AK40 m	02:43:18,0	00:26:06,0	01:27:49,3	00:49:22,7
161	1	Susanne Reimer	SF Triathlon Roßdorf	AK40 w	02:43:23,5	00:25:17,3	01:29:06,7	00:48:59,5
162	13	Arnd Haubach	LSV 07	AK45 m	02:43:25,6	00:25:54,3	01:29:04,8	00:48:26,5
163	18	Uli Walter	TCEC BigDeal Masters	AK50 m	02:43:30,3	00:27:31,0	01:26:05,3	00:49:54,0
164	19	Stefan Sammito	Team Erdinger-Alkoholfrei	AK40 m	02:43:34,0	00:26:34,8	01:31:38,0	00:45:21,2
165	14	Stefan Picard	Triathlon Team DSW Darmsta	AK45 m	02:43:37,8	00:24:23,3	01:26:36,5	00:52:38,0
166	1	Hannah Steigert	TV 1860 Mußbach	AK20 w	02:43:53,2	00:24:47,0	01:24:31,1	00:54:35,1
167	22	Michael Horre	DLRG Vallendar	AK25 m	02:43:54,8	00:25:18,0	01:28:16,8	00:50:20,0
168	15	Michael Krämer	DJK Triathlon Andernach	AK45 m	02:43:55,8	00:27:05,8	01:28:12,8	00:48:37,2
169	20	Matthias Hönscheid	Tri Power Rhein-Sieg	AK40 m	02:43:57,8	00:26:18,3	01:29:34,8	00:48:04,7
170	2	Isabelle Czerny	SF Triathlon Roßdorf	AK40 w	02:43:58,5	00:25:57,2	01:31:48,7	00:46:12,6
171	8	Johannes Haupt	Coblener Turngesellschaft	Jun m	02:44:24,8	00:25:23,8	01:30:37,5	00:48:23,5
172	4	Sabine Weier	PSV Bonn Triathlon	AK35 w	02:44:26,7	00:24:33,5	01:30:54,5	00:48:58,7
173	21	Michel Hoss	Team flott.	AK40 m	02:44:37,5	00:28:36,7	01:27:35,1	00:48:25,7
174	23	Misael Mester	Überschalknall Mittelbuchen	AK25 m	02:44:38,8	00:25:05,0	01:25:54,3	00:53:39,5
175	1	Sandra Klement	KSV Baunatal	AK45 w	02:44:47,5	00:26:04,7	01:29:18,6	00:49:24,2
176	4	Willi Dolfen	Kern-Haus-Team RSG Montab	AK60 m	02:44:53,9	00:00:00,0	00:00:00,0	02:44:53,9
177	22	Dennis Manns	Kern-Haus Team RSG Montab	AK40 m	02:45:01,0	00:27:03,3	01:28:48,7	00:49:09,0
178	19	Manfred Regh	Team Mittelmosel Triathlon /	AK50 m	02:45:09,8	00:25:03,1	01:30:21,2	00:49:45,5
179	16	Michael Wank	SV Hellas Siegburg	AK45 m	02:45:19,5	00:27:08,3	01:28:35,8	00:49:35,4
180	3	Karin Steurethaler	TCEC BigDeal Damen	AK30 w	02:45:22,2	00:26:22,5	01:31:45,8	00:47:13,9
181	20	Rüdiger Kreuzer	SRL Triathlon Koblenz Masters	AK50 m	02:45:26,5	00:25:25,0	01:29:24,6	00:50:36,9
182	23	MATTI URLASS	PSV Bonn Triathlon	AK40 m	02:45:30,8	00:23:20,6	01:30:22,0	00:51:48,2
183	2	Kim Essers	SRL Triathlon Koblenz Damen	AK20 w	02:45:37,7	00:25:20,7	01:27:49,6	00:52:27,4
184	21	Udo Wirschem	TMK Triathlon Mülheim Kärlic	AK50 m	02:45:39,8	00:24:36,8	01:31:29,0	00:49:34,0
185	9	Ralf Lambert	3speed.de	AK55 m	02:45:43,5	00:26:21,0	01:30:48,0	00:48:34,5
186	17	Ingo Bückner	SSF Bonn	AK45 m	02:45:48,3	00:28:40,5	01:24:32,3	00:52:35,5
187	25	Bastian Kröber	SRL Triathlon Koblenz	AK35 m	02:45:50,8	00:26:16,6	01:32:33,7	00:47:00,5
188	23	Steven Sander	TCEC Peter Wessel	AK30 m	02:46:01,8	00:26:05,8	01:31:39,5	00:48:16,5
189	18	Frank Samsel	Tri Shop Saar Team LAZ	AK45 m	02:46:11,8	00:27:59,8	01:26:57,8	00:51:14,2
190	19	Lukas Weis	Team Mittelmosel Triathlon /	AK20 m	02:46:37,3	00:28:19,5	01:29:48,3	00:48:29,5
191	22	Hans-Joachim Decker	Tri Club Wuppertal	AK50 m	02:47:00,5	00:27:12,5	01:29:12,0	00:50:36,0
192	19	André Altheide	SSF Bonn Triathlon	AK45 m	02:47:08,7	00:30:07,2	01:29:05,1	00:47:56,4
193	26	Christian Stadtfeld	Team Mittelmosel Triathlon /	AK35 m	02:47:21,0	00:26:53,6	01:34:01,4	00:46:26,0
194	23	Michael Große	Kern-Haus Team RSG Montab	AK50 m	02:47:25,8	00:27:26,5	01:30:08,0	00:49:51,3
195	24	Rolf Hagenow	Jiakina Sports Club	AK50 m	02:47:33,0	00:24:27,5	01:29:52,8	00:53:12,7

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25. Rhein-Ahr Triathlon des Triathlon Team Sinzig am 09.09.2018

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
196	24	Christian Ahrens	PSV Bonn Triathlon	AK40 m	02:47:36,8	00:30:45,2	01:27:55,8	00:48:55,8
197	24	Knut Küllmer	SV Hellas Siegburg	AK30 m	02:47:41,5	00:28:09,5	01:31:46,5	00:47:45,5
198	25	Michael Maag	TSV Hochdahl	AK50 m	02:47:56,2	00:25:30,2	01:32:04,8	00:50:21,2
199	3	Kim Emde	Eintracht Frankfurt e.V.	AK20 w	02:48:02,5	00:27:01,2	01:36:00,3	00:45:01,0
200	26	Uli Gahl	Berufsfeuerwehr Bonn Triathl	AK50 m	02:48:46,5	00:26:24,5	01:28:51,8	00:53:30,2
201	25	Jürgen Kissel	TSG Maxdorf II	AK40 m	02:48:46,8	00:26:25,3	01:24:20,1	00:58:01,4
202	24	Nils Reimsbach	Tri Shop Saar Team LAZ	AK25 m	02:48:53,0	00:27:38,6	01:33:01,0	00:48:13,4
203	2	Kristina Reinhard	TUS Ahrweiler	AK45 w	02:49:02,9	00:27:52,5	01:32:24,7	00:48:45,7
204	5	Elmar Joerger	TriTeam Sinzig	AK60 m	02:49:17,7	00:26:16,7	01:33:32,0	00:49:29,0
205	20	Michael Schröder	Team Mittelmosel Triathlon /	AK45 m	02:49:28,0	00:28:17,8	01:28:45,5	00:52:24,7
206	21	Stefan Pax	Ute Mückel Triathlon Team	AK45 m	02:49:29,5	00:27:10,3	01:28:10,0	00:54:09,2
207	5	Jasmin Sahl	SRL Triathlon Koblenz II	AK35 w	02:49:37,7	00:28:30,3	01:32:58,5	00:48:08,9
208	27	Thorsten Kath	PSV Bonn Triathlon e.V.	AK50 m	02:49:43,7	00:25:11,5	01:31:01,6	00:53:30,6
209	27	Dennis Klöckner	TMK Triathlon Mülheim Kärlig	AK35 m	02:49:45,5	00:25:55,6	01:36:32,7	00:47:17,2
210	10	Andreas Hausen		AK55 m	02:49:48,4	00:28:53,2	01:30:56,3	00:49:58,9
211	3	Claudia Bonnes	KSV Baunatal	AK45 w	02:49:50,2	00:26:01,7	01:32:28,0	00:51:20,5
212	28	Michael H. Wappelhorst	SSF Bonn Triathlon	AK50 m	02:49:50,5	00:27:35,8	01:29:57,7	00:52:17,0
213	22	Maik Wahler	Die MANNSchaft e.V.	AK45 m	02:49:58,8	00:27:25,1	01:34:20,2	00:48:13,5
214	23	Robert Schöller	LC Euskirchen	AK45 m	02:50:05,2	00:27:22,8	01:34:58,5	00:47:43,9
215	24	Michael Sippel	Die MANNSchaft e.V.	AK45 m	02:50:06,5	00:29:34,5	01:33:25,0	00:47:07,0
216	3	Silja Bäcker	Kern-Haus Team RSG Montab	AK40 w	02:50:13,4	00:28:46,5	01:36:04,2	00:45:22,7
217	28	Sebastian Schroeter	TV Sinzig 08 eV	AK35 m	02:50:16,2	00:33:47,5	01:25:16,3	00:51:12,4
218	20	Thorsten Klein		AK20 m	02:50:25,5	00:29:04,0	01:33:48,5	00:47:33,0
219	29	Markus Janischowsky	EASA Running Club	AK50 m	02:51:00,0	00:27:58,5	01:32:00,8	00:51:00,7
220	6	Phyllis Hankel	Triathlon Wetterau	AK25 w	02:51:16,7	00:25:47,5	01:33:49,5	00:51:39,7
221	25	Timotheus Schwake	Hardtberg Gymnasium Bonn	AK45 m	02:51:20,7	00:00:00,0	01:58:48,8	00:52:31,9
222	26	Oliver Stümer	Tri Post Trier II	AK45 m	02:51:50,3	00:25:29,6	01:32:07,0	00:54:13,7
223	25	Adrian Füllekrug		AK25 m	02:51:52,2	00:28:41,3	01:27:56,0	00:55:14,9
224	27	Didi Panzer	Tri Mehlem Man	AK45 m	02:51:56,2	00:26:21,5	01:34:14,8	00:51:19,9
225	1	Manfred Mülian	Marathon Club Eschweiler	AK65 m	02:52:31,9	00:27:52,0	01:34:12,7	00:50:27,2
226	6	Marion Stras	adidas TriTeam LAZgo	AK35 w	02:52:47,4	00:29:07,5	01:35:50,7	00:47:49,2
227	4	Ulrike Syring	TCEC BigDeal Damen	AK40 w	02:53:02,9	00:27:03,7	01:33:48,5	00:52:10,7
228	6	Wim Schepers	Tri club stein	AK60 m	02:53:10,4	00:28:04,2	01:29:52,5	00:55:13,7
229	29	Stefan Fuhrmann	Bundeswehr BAPersBw	AK35 m	02:53:13,7	00:28:17,0	01:36:22,2	00:48:34,5
230	5	Steffanie Bönning	SF Triathlon Roßdorf	AK40 w	02:53:32,2	00:24:30,7	01:33:15,0	00:55:46,5
231	28	Oliver Brunhuber	DLC Aachen	AK45 m	02:53:46,4	00:30:32,0	01:33:20,5	00:49:53,9
232	25	Philipp Teicher	TMK Mülheim-Kärlich	AK30 m	02:54:01,7	00:30:23,0	01:32:59,7	00:50:39,0
233	30	Stephan Ahlgrim	ASV Sankt Augustin	AK50 m	02:54:20,6	00:28:06,0	01:35:05,2	00:51:09,4
234	31	Bertold Biffar	TV 1860 Mußbach	AK50 m	02:54:23,4	00:31:00,0	01:36:06,0	00:47:17,4
235	32	Andreas Deick	SSF Bonn	AK50 m	02:54:30,2	00:28:34,0	01:32:42,5	00:53:13,7
236	26	Marius Brill	TriTeam LAZgo	AK25 m	02:54:37,5	00:26:17,3	01:35:18,2	00:53:02,0
237	33	Stefan Kuhn	Triathlon Oftersheim-Schwetzi	AK50 m	02:55:10,7	00:28:19,0	01:31:24,8	00:55:26,9
238	26	Martin Pollrich	PSV Bonn Triathlon	AK30 m	02:55:18,7	00:31:53,2	01:32:56,6	00:50:28,9
239	29	Uwe Hartmann	DJK Triathlon Andernach	AK45 m	02:55:53,7	00:26:02,5	01:36:47,2	00:53:04,0
240	7	Verena Metzler	SF Triathlon Roßdorf	AK25 w	02:56:05,6	00:24:48,8	01:41:05,4	00:50:11,4
241	7	Katharina Bathe	Tri Post Trier Damen	AK35 w	02:56:08,6	00:26:19,2	01:37:48,0	00:52:01,4
242	4	Joanna Tywczynski	3defacto Team asc Darmstadt	AK45 w	02:56:08,7	00:28:52,2	01:37:24,7	00:49:51,8
243	27	Michael van Rienen		AK30 m	02:56:10,4	00:29:01,7	01:33:11,5	00:53:57,2
244	34	Tim Koch	VFL Michelstadt	AK50 m	02:56:25,7	00:00:00,0	02:03:22,3	00:53:03,4
245	11	Thomas Schmitz	SRL Triathlon Koblenz II	AK55 m	02:56:32,7	00:25:49,6	01:30:46,5	00:59:56,6
246	5	Helge Orlt	Tri Post Trier Damen	AK45 w	02:56:52,6	00:27:02,3	01:35:13,9	00:54:36,4
247	26	Ansgar Grüne	PSV Bonn Triathlon	AK40 m	02:56:58,2	00:26:10,8	01:39:15,2	00:51:32,2
248	1	Betti Fey	SRL Triathlon Koblenz II	AK55 w	02:57:18,7	00:24:51,3	01:38:47,0	00:53:40,4
249	35	Andre Hilker	Tri Post Trier Masters	AK50 m	02:57:38,2	00:30:44,5	01:36:53,0	00:50:00,7
250	1	Evi Klahm	adidas TriTeam LAZgo	AK50 w	02:57:52,1	00:29:07,2	01:38:42,0	00:50:02,9
251	4	Hannah Hartlieb	Schwimm Club Oberursel	AK20 w	02:57:54,1	00:26:19,7	01:37:48,5	00:53:45,9
252	5	Alicia Brenner	SRL Triathlon Koblenz Damen	AK20 w	02:57:57,9	00:26:37,7	01:37:46,5	00:53:33,7
253	30	Markus Zindler		AK45 m	02:58:00,7	00:31:23,7	01:34:43,0	00:51:54,0
254	2	Marie Philipsenburg	SSF Bonn Triathlon	AK50 w	02:58:18,6	00:27:07,7	01:37:19,5	00:53:51,4
255	4	Kristina Biel	KSV Baunatal	AK30 w	02:58:25,6	00:28:31,5	01:37:58,4	00:51:55,7
256	31	Christoph Pohl	SSF Bonn Triathlon	AK45 m	02:58:50,9	00:32:01,5	01:35:05,5	00:51:43,9
257	3	Sigrid Schinker	SG LLG Wonnegau / Poseidon	AK50 w	02:59:03,9	00:29:59,5	01:37:32,7	00:51:31,7
258	32	René Magill	Team ERDINGER Alkoholfrei	AK45 m	02:59:17,1	00:24:37,5	01:35:31,3	00:59:08,3
259	27	Eric Wappner	TriTeam LAZgo	AK25 m	02:59:26,4	00:24:27,1	01:33:25,0	01:01:34,3
260	12	Antonius Salmen	Turnverein Rodenkirchen Triat	AK55 m	02:59:31,3	00:26:13,5	01:39:56,4	00:53:21,4

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25. Rhein-Ahr Triathlon des Triathlon Team Sinzig am 09.09.2018

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
261	28	Carsten Ankner	SRL Triathlon Koblenz	AK30 m	02:59:38,9	00:29:27,0	01:37:00,9	00:53:11,0
262	27	Jörg Westhofen		AK40 m	02:59:48,4	00:31:31,5	00:00:00,0	02:28:16,9
263	30	Günther Engelhard	TSG Maxdorf II	AK35 m	02:59:52,4	00:28:56,8	01:38:39,0	00:52:16,6
264	8	Julia Wickersheim	TCEC BigDeal Damen	AK25 w	03:00:07,6	00:26:19,8	01:38:53,9	00:54:53,9
265	36	Robert Stabrey	Pulheimer SC	AK50 m	03:00:19,6	00:24:50,8	01:37:49,4	00:57:39,4
266	6	Tanja Wittmann	TSG Maxdorf Damen	AK45 w	03:00:38,8	00:28:43,7	01:38:38,0	00:53:17,1
267	29	Manuel Thomas	TSV-Amicitia-Viernheim	AK30 m	03:00:43,9	00:25:46,0	01:34:25,8	01:00:32,1
268	28	Waldemar Böttcher	SV Hellas Siegburg	AK40 m	03:00:44,9	00:29:06,0	01:40:25,7	00:51:13,2
269	6	Tina Buchheit	adidas TriTeam LAZgo	AK40 w	03:01:04,3	00:27:43,2	01:40:36,5	00:52:44,6
270	33	Mike Anlauf		AK45 m	03:01:21,4	00:30:55,7	01:36:55,5	00:53:30,2
271	21	Milan Lülisdorf		AK20 m	03:01:53,9	00:29:23,2	01:39:55,5	00:52:35,2
272	13	Rolf Mutterlose	SSF Bonn	AK55 m	03:02:08,6	00:26:52,7	01:37:04,0	00:58:11,9
273	7	Ulli Sprenger		AK60 m	03:02:08,8	00:30:44,2	01:39:29,5	00:51:55,1
274	8	Nicola Basta	TSG Maxdorf II	AK35 w	03:02:14,9	00:28:34,5	01:36:56,3	00:56:44,1
275	29	Oliver Kuehn		AK40 m	03:02:44,4	00:29:28,5	01:40:05,2	00:53:10,7
276	30	Thorsten Raffelberg		AK40 m	03:03:19,9	00:29:37,5	01:34:59,7	00:58:42,7
277	8	Willi Dollan	Kern-Haus Team RSG Montab	AK60 m	03:03:43,4	00:29:40,2	01:38:35,3	00:55:27,9
278	6	Laura Bach	TMK Triathlon Mülheim Kärlic	AK20 w	03:04:26,6	00:25:20,0	01:40:22,2	00:58:44,4
279	5	Heike Beyer	SSF Bonn Triathlon	AK30 w	03:04:42,0	00:30:20,4	01:37:49,8	00:56:31,8
280	30	Sebastian Kopitz	Run Squad CGN	AK30 m	03:04:54,1	00:32:09,5	01:38:58,2	00:53:46,4
281	7	Yvonne Görlich	TSG Maxdorf Damen	AK40 w	03:05:03,8	00:28:19,7	01:41:49,0	00:54:55,1
282	31	Dennis Jokwitz		AK30 m	03:05:19,8	00:26:22,0	01:40:53,5	00:58:04,3
283	9	Isa Loll	PSV Bonn Triathlon	AK35 w	03:06:11,8	00:00:00,0	02:06:05,9	01:00:05,9
284	9	Josephine Schuch	TMK Triathlon Mülheim Kärlic	AK25 w	03:06:16,0	00:27:00,7	01:46:01,2	00:53:14,1
285	7	Christiane Ermert	Kern-Haus Team RSG Montab	AK45 w	03:06:42,5	00:32:17,2	01:38:24,2	00:56:01,1
286	37	Michael Eichbaum	TMK Triathlon Mülheim Kärlic	AK50 m	03:07:05,1	00:31:59,5	01:35:15,7	00:59:49,9
287	38	Wolfram Thiele		AK50 m	03:07:43,8	00:31:02,5	01:40:44,4	00:55:56,9
288	14	Dieter Frank	SG LLG Wonnegau / Poseidon	AK55 m	03:07:47,3	00:29:01,8	01:36:37,4	01:02:08,1
289	6	Rebekka Boesner	3defacto Team asc Darmstadt	AK30 w	03:09:44,5	00:27:11,0	01:45:08,1	00:57:25,4
290	10	Claudia Zarbo	Schwimm Club Oberursel	AK35 w	03:09:50,7	00:27:03,2	01:50:02,7	00:52:44,8
291	9	Andreas Schnabel	TUS Ahrweiler	AK60 m	03:09:54,5	00:27:04,2	01:39:21,7	01:03:28,6
292	34	Jörg Sina	LC Euskirchen	AK45 m	03:10:03,3	00:29:05,8	01:35:31,7	01:05:25,8
293	8	Janette Thiele		AK40 w	03:10:09,0	00:30:57,7	01:43:38,4	00:55:32,9
294	39	Alger Rettig	SG LLG Wonnegau / Poseidon	AK50 m	03:10:50,3	00:29:01,5	01:40:42,9	01:01:05,9
295	15	Ralph Tegethoff	I.FJR 6	AK55 m	03:11:47,2	00:31:15,4	01:42:43,7	00:57:48,1
296	7	Meike Biel	KSV Baunatal	AK30 w	03:12:37,5	00:28:32,2	01:44:36,9	00:59:28,4
297	8	Bianca Mille	Kern-Haus Team RSG Montab	AK45 w	03:12:49,7	00:27:15,2	01:42:08,7	01:03:25,8
298	9	Anja Bongard	TriTeam Sinzig	AK45 w	03:13:47,0	00:28:06,7	01:49:37,6	00:56:02,7
299	31	Philipp Hawle	SV Hellas Siegburg	AK40 m	03:13:58,0	00:31:40,2	01:46:35,2	00:55:42,6
300	8	Jane Gottenbusch		AK30 w	03:14:07,5	00:29:37,2	01:46:08,4	00:58:21,9
301	35	Horst Koening	Roadrunner	AK45 m	03:14:32,8	00:32:48,5	01:36:37,7	01:05:06,6
302	9	Nadine Schaper	TCEC BigDeal Damen	AK40 w	03:16:07,2	00:28:33,7	01:48:06,7	00:59:26,8
303	7	Carolina Menrath	TV Sinzig 08 e.V.	AK20 w	03:17:19,9	00:31:59,7	01:52:05,6	00:53:14,6
304	4	Petra Gerhardt	Bauunternehmung Stefan Hah	AK50 w	03:18:23,7	00:28:51,7	01:47:21,4	01:02:10,6
305	10	Gabi Joecken	Tri Post Trier Damen	AK45 w	03:18:34,7	00:27:29,7	01:45:43,4	01:05:21,6
306	11	Ulrike Samsel	Tri Shop Saar Team LAZ	AK45 w	03:19:07,8	00:31:30,8	01:49:44,1	00:57:52,9
307	40	Jens Böcker	Deutschland Klassiker	AK50 m	03:19:43,7	00:35:30,9	01:48:25,4	00:55:47,4
308	41	Mathias Mogge		AK50 m	03:20:05,2	00:28:22,0	01:48:05,1	01:03:38,1
309	42	Roman Böffgen	LG Hardcoke	AK50 m	03:21:25,4	00:00:00,0	02:17:50,9	01:03:34,5
310	32	Jörg Kalmund-Neiß		AK40 m	03:23:04,7	00:33:41,5	01:48:42,8	01:00:40,4
311	12	Karina Wenzel-Repey	TRI-Team TG Konz	AK45 w	03:24:41,4	00:28:05,2	01:52:11,1	01:04:25,1
312	11	Barbara Grell	DJK Triathlon Andernach	AK35 w	03:24:46,8	00:00:00,0	02:27:18,3	00:57:28,5
313	16	Rolf Gäb		AK55 m	03:25:20,9	00:30:24,2	01:47:21,1	01:07:35,6
314	17	Jan Herman	Team ERDINGER Alkoholfrei	AK55 m	03:25:21,4	00:29:29,4	01:47:14,9	01:08:37,1
315	5	Sabine Runkel	SRL Triathlon Koblenz/ Team	AK50 w	03:28:08,6	00:30:58,4	01:51:10,9	01:05:59,3
316	13	Stefania Poli	Schwimm Club Oberursel	AK45 w	03:29:07,3	00:30:13,0	01:53:31,8	01:05:22,5
317	6	Angela Strosny	SV TriCity Darmstadt	AK50 w	03:30:20,1	00:27:12,0	02:04:48,0	00:58:20,1
318	18	Frank Stiltz	SV Hellas Siegburg	AK55 m	03:30:52,8	00:00:00,0	02:18:53,8	01:11:59,0
319	10	Tatjana Baltes	TSG Maxdorf Damen	AK25 w	03:32:24,6	00:27:01,7	01:57:13,3	01:08:09,6
320	19	Uwe Reichert	Kowelenzer Luschenpack	AK55 m	03:33:00,5	00:28:30,7	02:00:43,3	01:03:46,5
321	11	Svenja Stiltz	SV Hellas Siegburg	AK25 w	03:36:04,3	00:27:15,7	02:07:12,0	01:01:36,6
322	14	Melanie Döbele	Schwimm Club Oberursel	AK45 w	03:40:30,7	00:30:17,2	01:59:22,8	01:10:50,7
323	20	Karsten Aberle	Tri Freunde Gau-Algesheim	AK55 m	03:44:02,2	00:30:14,7	02:01:46,3	01:12:01,2
324	21	Jörg Schmerer	TV 08 Sinzig	AK55 m	03:44:36,4	00:30:21,4	02:07:45,5	01:06:29,5
325	9	Antonia van Rienen		AK30 w	03:44:54,7	00:29:35,2	01:58:34,3	01:16:45,2

Ergebnisliste

25. Rhein-Ahr Triathlon des Triathlon Team Sinzig am 09.09.2018

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
326	43	Bidjan Massoudy		AK50 m	03:46:07,2	00:37:17,6	02:01:07,6	01:07:42,0
327	10	Claus Lechmann		AK60 m	03:46:53,4	00:31:38,9	02:01:22,3	01:13:52,2
328	7	Katrin Jeschke	Willpower.Races.	AK50 w	03:59:01,6	00:30:27,4	02:08:21,3	01:20:12,9
329	22	Roland Janik	Turnverein Sinzig 08 e. V.	AK55 m	04:03:27,5	00:35:38,4	02:08:01,7	01:19:47,4
330	1	Anne Becker-Seifner	Köln Triathlon e.V.	AK60 w	04:05:31,5	00:33:51,7	02:10:49,2	01:20:50,6
331	23	Günter Rohde	TV 08 Sinzig	AK55 m	04:07:28,0	00:42:47,6	02:07:32,2	01:17:08,2
332	24	Axel Knebel	Lufthansa SV	AK55 m	04:14:32,7	00:34:44,2	02:21:53,3	01:17:55,2

PLATZ	STAFFEL	Gesamt	Swim	Rad	Laufen
1	Freizeitexpress	02:16:36,0	00:24:16,2	01:15:22,2	00:36:57,6
2	LG Klottengasse & Friends	02:43:59,0	00:27:08,5	01:29:05,5	00:47:45,0
3	Natürlich Bonn!	02:44:49,5	00:28:04,0	01:32:29,2	00:44:16,3
4	Actiwita remagen	02:45:33,7	00:25:46,5	01:28:27,8	00:51:19,4
5	Die Unbeugsamen	02:47:16,5	00:27:42,2	01:30:55,3	00:48:39,0
6	KLEIN ABER FEIN	02:47:20,0	00:24:57,7	01:32:52,3	00:49:30,0
7	Rheinmeile Aktiv	02:47:22,5	00:26:50,2	01:34:52,3	00:45:40,0
8	Trio	02:47:26,0	00:25:11,7	01:31:03,3	00:51:11,0
9	Feinherb	02:48:15,5	00:29:14,2	01:25:16,6	00:53:44,7
10	TMK-die Mannschaft	02:50:49,9	00:25:29,5	01:37:01,0	00:48:19,4
11	Die Hänflinge	02:53:13,6	00:32:14,2	01:32:57,0	00:48:02,4
12	Incredible Invisible Invincibles	02:55:42,9	00:26:36,0	01:38:25,2	00:50:41,7
13	KaLuPhi	03:00:03,6	00:33:18,9	01:40:34,2	00:46:10,5
14	Bis einer weint	03:05:21,1	00:29:06,2	01:39:36,0	00:56:38,9
15	Einer für Alle - Alle für Einen	03:07:18,5	00:44:00,8	01:29:01,3	00:54:16,4
16	Fraunhofer IAIS	03:07:44,0	00:35:28,4	01:39:53,5	00:52:22,1
17	Die 2 bis 3	03:07:44,3	00:27:48,5	01:47:33,1	00:52:22,7
18	Blanc de Noir	03:14:37,9	00:29:04,4	01:52:52,7	00:52:40,8
19	Team slowmotion	03:17:30,7	00:31:58,9	01:43:47,2	01:01:44,6
20	Die flotten Hühner	03:30:20,3	00:27:06,5	02:12:21,7	00:50:52,1