

Ergebnisliste

24. Rhein-Ahr Triathlon des TriTeam Sinzig am 11.09.2016

PLATZ	AKL	NAME	VEREIN	AK	Gesamt	Swim	Rad	Laufen
1	1	Marc Trautmann	DJK Dudweiler	TMJU	02:12:05	00:18:03	01:17:49	00:36:13
2	1	Paul Stimmel	Eichbaum Team stimmel-sports	TM20	02:15:40	00:18:51	01:19:19	00:37:30
3	2	Vincent Größer	TriathlonTeam Gießen	TMJU	02:16:18	00:20:39	01:16:20	00:39:19
4	1	Torsten Reuter	Dr. Goerg-JuniorTeam RSG Montabaur I	TM35	02:16:29	00:22:24	01:16:27	00:37:38
5	1	Tobias Wiesemann	FCK Tria Team Gründels alkoholfrei	TM45	02:17:39	00:21:51	01:17:20	00:38:28
6	1	Christian Weinand	TMK Triathlon Mülheim-Kärlich	TM25	02:18:02	00:20:34	01:18:43	00:38:45
7	2	Georg Weiler	Brillen Becker Triathlon Koblenz Team	TM35	02:18:48	00:21:23	01:16:32	00:40:53
8	2	Nico Fuchs	FCK Tria Team Gründels alkoholfrei	TM20	02:19:22	00:22:20	01:18:28	00:38:34
9	3	Nicolas Krämer	Tri-Team SV Gerolstein/ Bike Sport Clemens	TM20	02:19:35	00:21:10	01:18:39	00:39:46
10	1	Phillip Echer	Brillen Becker Triathlon Koblenz Team	TM30	02:20:13	00:22:02	01:15:53	00:42:18
11	3	Andreas Maus	Team Steinberg	TM35	02:20:43	00:20:30	01:18:41	00:41:32
12	2	Philipp Mund	equipeRED	TM30	02:21:23	00:21:23	01:17:38	00:42:22
13	1	Michael Meuer	Team Triathlon Dreikirchen	TM40	02:21:44	00:22:17	01:19:17	00:40:10
14	3	Sven Berg	Tri Post Trier II	TM30	02:22:19	00:21:53	01:20:31	00:39:55
15	3	Janik Wagner		TMJU	02:22:27	00:00:00	00:00:00	00:41:36
16	2	Philipp Werland	Tri Post Trier II	TM25	02:23:14	00:23:59	01:20:08	00:39:07
17	1	Erich Keuchen	Feuerwehr SV Düsseldorf	TM50	02:23:39	00:23:27	01:19:13	00:40:59
18	2	Ralf Peters	x-Trail-Regiotour	TM45	02:24:21	00:22:04	01:20:55	00:41:22
18	4	Niclas Prokasky	TSG Maxdorf I	TM35	02:24:21	00:23:29	01:19:30	00:41:22
20	5	Artur Bury	Eichbaum Team stimmel-sports	TM35	02:24:25	00:21:29	01:19:15	00:43:41
21	4	Fabian Deidenbach	Team flott.	TM30	02:24:31	00:21:38	01:19:55	00:42:58
22	3	Mario Radke	Dr. Goerg-Team RSG Montabaur Masters	TM45	02:24:41	00:22:11	01:19:44	00:42:46
23	4	Christopher Stark	Saar-Triathleten-Team Feldten	TMJU	02:24:44	00:18:34	01:22:04	00:44:06
24	6	Tobias Alt	FCK Tria Team Gründels alkoholfrei	TM35	02:24:49	00:21:18	01:22:51	00:40:40
25	4	Karsten Ulrich	LTF Marpingen	TM45	02:25:10	00:21:47	01:21:10	00:42:13
26	4	Cedric Pietzsch	Saar-Triathleten-Team Feldten	TM20	02:25:30	00:20:43	01:22:21	00:42:26
27	2	Eric Legrand	TRIATHLIEGE	TM40	02:25:44	00:20:25	01:22:04	00:43:15
28	5	Florian Weyerhäuser	LAZ Saarbrücken	TM20	02:25:47	00:22:12	01:24:11	00:39:24
29	5	Jürgen Fries	Dr. Goerg-Team RSG Montabaur Masters	TM45	02:25:57	00:21:51	01:22:58	00:41:08
30	3	Eik Tietz	ETP Pirmasens	TM40	02:25:58	00:21:16	01:22:32	00:42:10
31	7	Thorsten Meyer	Team flott.	TM35	02:26:14	00:23:07	01:24:18	00:38:49
31	3	Nicolas Saurenz	TMK Triathlon Mülheim-Kärlich	TM25	02:26:14	00:21:55	01:20:01	00:44:18
33	8	Andreas Jescke	Brillen Becker Triathlon Koblenz Team	TM35	02:26:36	00:24:31	01:21:20	00:40:45
34	4	David Mohr	TSG Maxdorf I	TM25	02:26:50	00:22:12	01:20:46	00:43:52
35	6	Karsten Spath	LTF Marpingen	TM45	02:26:52	00:21:39	01:22:08	00:43:05
36	5	Sebastian Kusch		TM25	02:26:53	00:22:15	01:20:53	00:43:45
37	6	Nikolai Junkert	Die MANNschaft e.V.	TM20	02:26:54	00:22:40	01:24:40	00:39:34
38	5	Thomas Schütz	TRI-SPORT SAAR-HOCHWALD II	TM30	02:27:03	00:20:40	01:24:57	00:41:26
39	4	Christian Feilen	SC Blau-Weiß Schalkenmehren	TM40	02:27:09	00:22:14	01:22:38	00:42:17
40	5	Vincent Van Lieshout	tv stein	TM40	02:27:45	00:24:09	01:20:20	00:43:16
41	6	Loïc Gamel	LAZ Saarbrücken	TM30	02:27:47	00:21:26	01:24:26	00:41:55
42	7	Andrea Spanu	Marathon-Club Eschweiler	TM30	02:27:56	00:22:57	01:22:52	00:42:07
43	7	Frank Krause	Brillen Becker Triathlon Koblenz Team	TM45	02:28:04	00:24:13	01:23:06	00:40:45
44	7	Maximilian Rohde		TM20	02:28:05	00:21:57	01:23:55	00:42:13
45	8	Frederic Schweizer	Saar-Triathleten-Team Feldten	TM20	02:28:12	00:20:34	01:27:10	00:40:28
46	2	Noel Fraussen	tv.stein	TM50	02:28:21	00:22:22	01:23:56	00:42:03
47	5	Jan Such	Saar-Triathleten-Team Feldten	TMJU	02:28:50	00:20:44	01:23:26	00:44:40
48	6	Michael Rothfuchs	LTF Marpingen	TM40	02:28:51	00:21:58	01:24:39	00:42:14
49	9	Tobias Friese	PSV Bonn Triathlon	TM35	02:29:04	00:22:53	01:24:44	00:41:27
50	9	Christian Ganser	TMK Triathlon Mülheim-Kärlich	TM20	02:29:05	00:22:08	01:22:57	00:44:00
51	10	Stefan Laux	SYBAC - Solar Team RSC Untermosel	TM20	02:29:18	00:21:30	01:21:12	00:46:36
52	8	Oliver Beck	SYBAC - Solar Team RSC Untermosel	TM45	02:29:24	00:22:18	01:23:21	00:43:45
53	6	Nils Klöckner	Dr. Goerg-JuniorTeam RSG Montabaur I	TMJU	02:29:38	00:20:41	01:22:27	00:46:30
54	11	Till Speicher	LAZ Saarbrücken	TM20	02:30:06	00:21:27	01:26:54	00:41:45
55	8	Dominik Sonntag	Bike&Triathlon Shop Wein-ALV Mainz	TM30	02:30:07	00:24:33	01:22:13	00:43:21
56	7	Jan Eggert	Tri Club Wuppertal	TM40	02:30:12	00:22:47	01:24:43	00:42:42
57	6	Jens Neubert	TMK Triathlon Mülheim-Kärlich	TM25	02:30:25	00:21:36	01:19:51	00:48:58
58	7	Hassan Mahmoud	LAZ Saarbrücken	TM25	02:30:28	00:22:26	01:27:43	00:40:19
59	9	Jens Deiß	TSG Maxdorf I	TM30	02:30:46	00:22:42	01:25:18	00:42:46
60	9	Michael Pillig	SYBAC - Solar Team RSC Untermosel	TM45	02:30:52	00:22:00	01:23:13	00:45:39
61	8	Markus Mille	Dr. Goerg-JuniorTeam RSG Montabaur I	TM40	02:31:25	00:20:46	01:26:33	00:44:06
62	1	Helen Wiehr	LAZ Saarbrücken	TW20	02:31:29	00:22:31	01:25:59	00:42:59
63	10	Stephan Müll	SV Hellas Siegburg	TM45	02:31:52	00:22:20	01:26:13	00:43:19
64	11	Herwart Bardon		TM45	02:31:56	00:23:29	01:27:11	00:41:16
65	9	Daniel Kistner	TMK Mülheim-Kärlich	TM40	02:32:08	00:23:34	01:26:34	00:42:00
66	3	Toni Dore	Brillen Becker Triathlon Koblenz Team	TM50	02:32:28	00:22:26	01:23:14	00:46:48
67	8	Markus Fandel	Tri Post Trier II	TM25	02:32:29	00:23:36	01:26:33	00:42:20
68	10	Björn Remy	Dr. Goerg-Team RSG Montabaur II	TM35	02:32:30	00:22:22	01:30:05	00:40:03
69	1	Thomas Hehn	SSF Bonn Triathlon	TM55	02:32:31	00:22:12	01:23:02	00:47:17
70	12	Manfred Schrömgies	SRL Koblenz Masters	TM45	02:33:21	00:22:02	01:24:04	00:47:15
71	10	Richard Rae	TCEC BestPerformanceTraining Mainz	TM30	02:33:24	00:26:44	01:25:47	00:40:53
72	10	Christian Betsch	TSG Maxdorf Masters I	TM40	02:33:48	00:22:56	01:25:34	00:45:18
73	1	Christine Westerhorstmann	FCK Tria Team Pizza Hut Saarbrücken	TW30	02:34:04	00:21:45	01:27:18	00:45:01
74	13	André Görg	Team Triathlon Dreikirchen	TM45	02:34:06	00:21:53	01:25:24	00:46:49
75	14	Stefan Schreiner	LTF Marpingen	TM45	02:34:08	00:21:22	01:29:10	00:43:36
76	12	Dominik Schwörer	SRL Koblenz	TM20	02:34:33	00:23:18	01:27:38	00:43:37
77	13	Marco Fuhrmann	TMK Triathlon Mülheim-Kärlich	TM20	02:35:15	00:22:41	01:27:50	00:44:44
78	14	Marco Seibert	SYBAC - Solar Team RSC Untermosel	TM20	02:35:20	00:21:57	01:25:39	00:47:44
79	11	Nils Klein		TM30	02:35:22	00:25:23	01:26:54	00:43:05
80	4	Markus Hammes	TMK Triathlon Mülheim-Kärlich	TM50	02:35:29	00:23:58	01:26:28	00:45:03
81	15	Frank Weinand	TSG Maxdorf Masters I	TM45	02:35:33	00:24:21	01:29:06	00:42:06

82	5	Robert Hofmann	Dr. Goerg-Team RSG Montabaur Masters	TM50	02:35:37	00:21:06	01:27:32	00:46:59
83	6	Giuseppe Alotto	3XERCISE SG. Köln Worringen	TM50	02:36:21	00:25:38	01:27:25	00:43:18
84	15	Markus Huhn		TM20	02:36:23	00:23:12	01:28:15	00:44:56
85	7	René Van Gansewinkel	Krefelder Kanu Klub	TM50	02:36:29	00:23:31	01:26:32	00:46:26
86	16	Stefan Müller	Drachenfels - Eseele	TM45	02:36:31	00:23:37	01:24:42	00:48:12
87	11	Rainer Schuff	FCK Tria Team Gründels alkoholfrei	TM40	02:36:41	00:21:24	01:27:29	00:47:48
88	7	Nick Jochum	Saar-Triathleten-Team Feldten	TMJU	02:36:45	00:20:45	01:28:43	00:47:17
89	17	Marco Riedel	Dr. Goerg-Team RSG Montabaur III	TM45	02:37:20	00:22:14	01:24:51	00:50:15
89	1	Britta Diehl	TriPower Rhein-Sieg	TW50	02:37:20	00:22:11	01:26:32	00:48:37
91	2	Thomas Brühl	1. FC Kaiserslautern	TM55	02:37:26	00:22:57	01:30:00	00:44:29
92	11	Ralph Jacobs	TV Stein	TM35	02:37:48	00:22:08	01:31:24	00:44:16
93	8	Bernhard Schüßler	Dr. Goerg-Team RSG Montabaur II	TM50	02:37:55	00:24:11	01:29:27	00:44:17
94	9	Fabian Ritz	Dr. Goerg-JuniorTeam RSG Montabaur I	TM25	02:37:58	00:22:45	01:28:54	00:46:19
95	18	Christof Neubert	TSG Maxdorf Masters II	TM45	02:38:02	00:22:54	01:30:20	00:44:48
95	18	Boris Junk		TM45	02:38:02	00:24:36	01:29:42	00:43:44
97	8	Max Große	Dr. Goerg-JuniorTeam RSG Montabaur I	TMJU	02:38:13	00:22:01	01:27:41	00:48:31
98	12	Mike Herrle	Ludwigshafener SV 07	TM35	02:38:16	00:27:16	01:25:26	00:45:34
99	12	Heiko Braun	TCEC Wessel-Statik Mainz	TM40	02:38:18	00:23:13	01:30:54	00:44:11
100	20	Joachim Wölke	Team Mittelmosel/VfR Simmern dr. Cannondale	TM45	02:38:23	00:23:45	01:27:28	00:47:10
101	21	Joaquin Ernesto Fernandez Saenz	TRlandertaler Mettmann - Costa Rica	TM45	02:38:28	00:20:58	01:29:06	00:48:24
102	9	Jürgen Rudolph	SRL Koblenz Masters	TM50	02:38:31	00:23:16	01:30:05	00:45:10
103	13	Ansgar Grüne	PSV Bonn Triathlon	TM40	02:38:32	00:23:19	01:29:58	00:45:15
104	12	Alexander Opatz	Bike&Triathlon Shop Wein-ALV Mainz	TM30	02:38:45	00:22:44	01:25:11	00:50:50
105	10	Hans-Joachim Decker	Tri Club Wuppertal	TM50	02:38:48	00:23:51	01:28:05	00:46:52
106	22	Thomas Salomonsson	SSF Bonn	TM45	02:38:49	00:24:45	01:25:42	00:48:22
107	14	Dennis Herrmann		TM40	02:39:03	00:22:12	01:30:42	00:46:09
108	15	Torben Baum	TV Mußbach	TM40	02:39:08	00:21:57	01:33:05	00:44:06
109	11	Wolfgang Köllner	TSG Maxdorf Masters I	TM50	02:39:18	00:20:01	01:33:14	00:46:03
110	13	Stephan Bruns		TM35	02:39:22	00:23:41	01:29:52	00:45:49
111	12	Martin Krapp	CSK98 Kassel	TM50	02:39:28	00:21:07	01:28:16	00:50:05
112	13	Volker Schaubbruch	TCEC Wessel-Statik Mainz	TM50	02:39:30	00:24:23	01:28:39	00:46:28
113	14	Henning Rudolph	ASG Tria Hockenheim	TM50	02:39:34	00:25:05	01:29:31	00:44:58
114	14	Stephan Seemayer	PSV Bonn Triathlon	TM35	02:39:42	00:22:50	01:28:59	00:47:53
115	23	Heiko Maris	TCEC BestPerformanceTraining Mainz	TM45	02:39:43	00:22:03	01:26:53	00:50:47
116	24	Klaus Jüttner	ALV Mainz-Team Masters	TM45	02:39:56	00:26:55	01:29:00	00:44:01
117	15	Martin Althofen	Dr. Goerg-Team RSG Montabaur II	TM50	02:40:13	00:23:06	01:30:44	00:46:23
118	16	Jürgen Kissel	TSG Maxdorf I	TM40	02:40:14	00:23:42	01:25:04	00:51:28
119	10	Christoph Schramm		TM25	02:40:18	00:22:09	01:28:06	00:50:03
120	3	Wim Schepers	TV Stein	TM55	02:40:30	00:23:43	01:27:22	00:49:25
121	13	Dominic Jung	TRI-SPORT SAAR-HOCHWALD II	TM30	02:40:32	00:24:26	01:25:20	00:50:46
122	2	Sabine Rudo	PSV Bonn Triathlon	TW30	02:40:36	00:21:07	01:31:54	00:47:35
123	17	Dirk Henke	Dr. Goerg-Team RSG Montabaur III	TM40	02:40:38	00:22:42	01:29:42	00:48:14
124	4	Walter Lindenblatt	TCEC BestPerformanceTraining Mainz	TM55	02:40:47	00:24:02	01:29:04	00:47:41
125	16	Ralf Lambert	3speed.de	TM50	02:40:48	00:22:23	01:32:24	00:46:01
126	1	Rüdiger Kreuzer	SRL Koblenz Masters	TM70	02:41:19	00:21:30	01:30:02	00:49:47
127	16	Jonas Stobbe		TM20	02:41:20	00:22:32	01:34:24	00:44:24
128	15	Hauke Skoda	Bonner Ruder Gesellschaft	TM35	02:41:22	00:25:14	01:26:14	00:49:54
129	5	Chris Fröhlich	Team Tria	TM55	02:41:23	00:23:32	01:32:06	00:45:45
130	9	Alexander Nohn	FCK Tria Team Gründels alkoholfrei	TMJU	02:41:27	00:24:36	01:29:47	00:47:04
131	11	Nicolas Bayer	Bike&Triathlon Shop Wein-ALV Mainz	TM25	02:41:35	00:22:21	01:28:10	00:51:04
132	1	Grazyna Bury	Eichbaum Team stimmel-sports	TW35	02:41:36	00:24:39	01:29:21	00:47:36
133	18	Stafan Klein	TRI-SPORT SAAR-HOCHWALD II	TM40	02:41:37	00:27:35	01:28:32	00:45:30
134	19	Christian Ahrens	PSV Bonn Triathlon Senioren	TM40	02:41:41	00:26:17	01:26:54	00:48:30
135	14	Benjamin Klöckner	Die MANNschaft e.V.	TM30	02:41:43	00:24:38	01:31:27	00:45:38
136	2	Tanja Turczyn	Eichbaum Team stimmel-sports	TW35	02:41:51	00:23:53	01:33:14	00:44:44
137	25	Arno Becker	TV Mußbach	TM45	02:42:12	00:24:24	01:31:23	00:46:25
137	6	Herbert Weilguni	Tri Power Rhein-Sieg	TM55	02:42:12	00:24:12	01:24:34	00:53:26
139	17	Engel Mathias Koch	Tri Post Trier Masters	TM50	02:42:22	00:19:58	01:34:21	00:48:03
140	1	Manfred Müllejäns	Marathon-Club Eschweiler	TM65	02:42:26	00:25:05	01:31:02	00:46:19
141	12	Claus Conrads	MTG Mannheim Triathlon	TM25	02:42:32	00:23:32	01:31:50	00:47:10
142	20	Claas Gödecke	SSF Bonn Triathlon / TRIDATORS	TM40	02:42:45	00:25:40	01:28:01	00:49:04
143	18	Thomas Tolksdorf	TMK Triathlon Mülheim-Kärlich	TM50	02:42:59	00:23:28	01:31:07	00:48:24
144	26	Stefan Pax		TM45	02:43:01	00:24:37	01:29:03	00:49:21
145	16	Dave Van Bogaert	Triathlon Vereniging Stein	TM35	02:43:10	00:26:45	01:34:45	00:41:40
146	17	Hagen Hänsel	Psv Bonn	TM35	02:43:17	00:22:51	01:28:34	00:51:52
147	7	Bernd Wüster	Tri Power Rhein-Sieg	TM55	02:43:25	00:23:44	01:28:53	00:50:48
148	15	Rick Coenen	Triathlon Vereniging Stein	TM30	02:43:32	00:24:18	01:30:05	00:49:09
149	1	Kerstin Althoff	SSK Kerpen	TW45	02:43:35	00:22:40	01:34:18	00:46:37
150	27	Frank Mehler	ALV Mainz-Team Masters	TM45	02:43:38	00:26:02	01:28:17	00:49:19
151	13	Patrick Jörres	Marathon-Club Eschweiler	TM25	02:43:43	00:00:00	00:00:00	00:46:45
152	28	Martin Zalica	Injoy Köln	TM45	02:43:51	00:22:44	01:32:02	00:49:05
153	21	Uwe Bach	SSF Bonn Triathlon	TM40	02:43:59	00:23:22	01:35:15	00:45:22
154	19	Werner Beitz	ALV Mainz-Team Masters	TM50	02:44:08	00:23:14	01:30:02	00:50:52
155	1	Martin Burkhardt	TV 1860 Mußbach	TM60	02:44:11	00:22:26	01:33:19	00:48:26
156	29	Arno Kewerkopf	Leickspeed-Masters Tri-Sport Saar-Hochwald	TM45	02:44:22	00:24:38	01:26:59	00:52:45
157	3	Monika Frenger	FCK Tria Team Pizza Hut Saarbrücken	TW30	02:44:31	00:23:22	01:36:52	00:44:17
158	16	Sven Ahlborn	Triathlon Wetterau	TM30	02:44:32	00:22:48	01:31:57	00:49:47
159	30	Didi Panzer	mehlem racing team	TM45	02:44:34	00:22:59	01:33:30	00:48:05
160	20	Thomas Schmitz	SRL Koblenz	TM50	02:44:38	00:22:30	01:28:21	00:53:47
161	22	Tom Shields		TM40	02:44:39	00:29:01	01:28:55	00:46:43
161	31	Andreas Deick	SSF Bonn	TM45	02:44:39	00:24:25	01:30:18	00:49:56
163	21	Ralf Fey	SRLTriathlon Koblenz	TM50	02:44:41	00:22:44	01:31:32	00:50:25
164	32	Uli Gahl	berufsfeuerwehr Bonn	TM45	02:44:52	00:22:43	01:31:42	00:50:27
165	17	Till Truschinski	ALV Mainz	TM30	02:44:57	00:24:22	01:35:42	00:44:53
166	18	Carsten Hegebarth	Triablo Diefenbach	TM30	02:45:00	00:24:12	01:34:11	00:46:37
167	3	Ulrike Klemm	Sanitätshaus Lammert Team -ALV Mainz	TW35	02:45:04	00:22:42	01:31:27	00:50:55

168	2	Kristina Reinhard	TuS Ahrweiler	TW45	02:45:06	00:25:18	01:32:09	00:47:39
169	33	Wieland Köbler	TCEC Wessel-Statik Mainz	TM45	02:45:20	00:23:14	01:34:27	00:47:39
170	22	Frank Liebegott	RTV Rheinbach	TM50	02:45:38	00:20:31	01:31:06	00:54:01
171	8	Martin Langlotz	TSG Maxdorf Masters II	TM55	02:45:44	00:24:43	01:31:50	00:49:11
172	23	Hm Creusen	TVS	TM40	02:46:01	00:23:52	01:30:52	00:51:17
172	23	Heinz Feilen	Marathon-Club Eschweiler	TM50	02:46:01	00:24:01	01:32:58	00:49:02
172	14	Sebastian Schwan	Die MANNSchaft e.V.	TM25	02:46:01	00:22:39	01:33:30	00:49:52
172	18	Ivo Schils	triathlon vereniging Stein	TM35	02:46:01	00:23:40	01:29:05	00:53:16
176	24	Martin Buggle	Team Triathlon Dreikirchen	TM40	02:46:08	00:22:31	01:34:33	00:49:04
177	1	Anja Heilmann	TSG Maxdorf Masters II	TW40	02:46:09	00:28:32	01:28:53	00:48:44
177	1	Peggy Zimmermann	FCK Tria Team Pizza Hut Saarbrücken	TW40	02:46:09	00:23:44	01:36:08	00:46:17
179	34	Klaus Frambach	TSG Maxdorf II	TM45	02:46:11	00:26:05	01:29:45	00:50:21
180	25	Florian Biedermann	Marathon-Club Eschweiler	TM40	02:46:13	00:23:04	01:30:14	00:52:55
181	35	Frank Christmann	Tri Post Trier Masters	TM45	02:46:15	00:23:42	01:37:03	00:45:30
182	26	Ingo Bücker	SSF Bonn	TM40	02:46:20	00:24:37	01:28:48	00:52:55
183	36	Maik Wahler	Die MANNSchaft e.V.	TM45	02:46:23	00:24:20	01:34:16	00:47:47
184	37	Robert Schöller	LC Euskirchen	TM45	02:46:41	00:23:50	01:35:57	00:46:54
185	24	Karl-Heinz (Kalle) Rausch	SSF	TM50	02:47:02	00:23:48	01:30:30	00:52:44
186	2	Peter Joecken	Leickspeed-Masters Tri-Sport Saar-Hochwald	TM60	02:47:15	00:24:59	01:30:40	00:51:36
187	9	Ludwig Bertram	DJK Schwäbisch Gmünd	TM55	02:47:28	00:25:24	01:30:48	00:51:16
188	27	Marco Jessen	TCEC BestPerformanceTraining Mainz	TM40	02:47:36	00:23:40	01:37:16	00:46:40
189	19	Markus Rauch	Kirche für Bonn	TM35	02:47:37	00:25:26	01:34:35	00:47:36
190	25	Guido Schoeneich	TG Rüdesheim	TM50	02:47:47	00:24:30	01:32:28	00:50:49
191	26	Michael Maag	TSV Hochdahl	TM50	02:47:52	00:22:33	01:36:13	00:49:06
192	27	Thorsten Hellwig	TV Mußbach	TM50	02:47:56	00:21:59	01:31:21	00:54:36
193	38	Klaus Helbing	DIMB	TM45	02:47:57	00:23:28	01:30:48	00:53:41
194	19	Felix Knoop	Rescue Team Bonn	TM30	02:48:06	00:21:30	01:32:41	00:53:55
195	20	Jurgen Schroll	Tv Stein	TM35	02:48:18	00:23:18	01:34:12	00:50:48
196	39	Andreas Proff	RCB Bonn	TM45	02:48:27	00:23:41	01:30:04	00:54:42
197	28	Roman Klinkert	SSF Bonn	TM50	02:48:51	00:23:50	01:30:18	00:54:43
198	21	Maurice Vliegen	Triathlon vereniging Stein	TM35	02:48:56	00:28:55	01:25:32	00:54:29
199	28	Frank Baur		TM40	02:49:04	00:24:31	01:34:01	00:50:32
200	17	Lukas Büchner		TM20	02:49:09	00:22:35	01:35:34	00:51:00
201	15	Fabian Kaufmann	SRL Koblenz	TM25	02:49:16	00:23:10	01:35:44	00:50:22
202	29	Uwe Hartmann	DJK Triathlon Andernach	TM40	02:49:25	00:23:20	01:33:10	00:52:55
203	1	Sandra Paas	SRL Koblenz	TW25	02:49:29	00:23:29	01:37:12	00:48:48
204	22	Günther Korz	TSG Maxdorf II	TM35	02:49:38	00:23:41	01:36:17	00:49:40
205	2	Tina Konert	SSK Kerpen	TW50	02:49:45	00:25:20	01:35:27	00:48:58
206	40	Markus Klein	Riedsee-Rebels Triathlon e.V.	TM45	02:49:47	00:26:41	01:30:28	00:52:38
207	29	Andre Birrenbach	TCEC BestPerformanceTraining Mainz	TM50	02:49:59	00:24:45	01:35:47	00:49:27
208	30	Bernd Hefner	TCEC Wessel-Statik Mainz	TM40	02:50:10	00:25:29	01:38:00	00:46:41
209	30	Andre Hilker	Tri Post Trier Masters	TM50	02:50:45	00:25:59	01:35:12	00:49:34
210	31	Jean-Pierre Fraussen	T.V.Stein	TM50	02:51:07	00:23:42	01:29:30	00:57:55
211	3	Barbara Riemann	TV Rheinbach	TW40	02:51:14	00:22:43	01:36:37	00:51:54
212	1	Nina Spitzhorn	Dr. Goerg-Team RSG Montabaur	TWJU	02:51:30	00:22:46	01:36:06	00:52:38
213	32	Lutz Hörnemann	TMK Triathlon Mülheim-Kärlich	TM50	02:51:41	00:23:49	01:42:28	00:45:24
214	10	Christian Grieger	TuS Ahrweiler Triathlon	TMJU	02:51:54	00:22:22	01:28:17	01:01:15
215	4	Mirjam Ahrens		TW35	02:51:57	00:27:49	01:35:16	00:48:52
216	3	Betti Fey	SRL Triathlon Koblenz	TW50	02:52:00	00:22:59	01:37:56	00:51:05
217	23	Michael Schlösser	Tri Post Trier II	TM35	02:52:32	00:22:49	01:32:50	00:56:53
218	18	Christoph Nachtsheim	Tri Team Sinzig	TM20	02:52:39	00:24:46	01:30:20	00:57:33
219	4	Gabi Zimmermann	Marathon-Club Eschweiler	TW40	02:52:50	00:25:09	01:36:20	00:51:21
220	41	Matthias Klein	Dr. Goerg-Team RSG Montabaur II	TM45	02:52:53	00:23:25	01:37:24	00:52:04
221	5	Jasmin Sahl	SRL Koblenz	TW35	02:53:00	00:24:08	01:40:57	00:47:55
222	31	Sascha Völpel	Ludwigshafener SV 07	TM40	02:53:02	00:25:56	01:32:51	00:54:15
223	42	Markus Zindler		TM45	02:53:11	00:27:21	01:34:58	00:50:52
224	43	Jochen Schwartner	Poseidon Worms	TM45	02:53:21	00:23:02	01:34:46	00:55:33
225	10	Bernd Seckler	PSV Bonn Triathlon	TM55	02:53:38	00:24:19	01:37:06	00:52:13
226	3	Tanja Wittig	Sanitätshaus Lammert Team -ALV Mainz	TW45	02:53:44	00:27:29	01:33:17	00:52:58
227	32	Manfred Regh	Team Mittelmosel/Vfr Simmern dr. Cannondale	TM40	02:53:55	00:22:06	01:36:30	00:55:19
228	20	Heiko Heckert		TM30	02:54:02	00:26:00	01:41:33	00:46:29
229	4	Helge Ort	Tri Post Trier Damen	TW45	02:54:06	00:23:47	01:37:10	00:53:09
230	2	Lisa Mahlberg	Triathlon TUS Ahrweiler	TWJU	02:54:13	00:00:00	00:00:00	00:50:40
231	5	Susanne Neumann	Soester Tri Team	TW40	02:54:23	00:27:56	01:38:09	00:48:18
232	24	Alaxander Keul	Dr. Goerg-Team RSG Montabaur III	TM35	02:55:17	00:22:34	01:38:01	00:54:42
233	11	Ulrich Schneider	SSK Kerpen	TM55	02:55:21	00:23:58	01:36:54	00:54:29
234	33	Stephan Ahlgrim	ASV Sankt Augustin	TM50	02:55:23	00:24:21	01:37:29	00:53:33
235	4	Eva Herbold		TW30	02:55:46	00:23:28	01:40:38	00:51:40
236	5	Christine Dorer	SRL TRIATHLON KOBLENZ	TW45	02:56:07	00:22:48	01:37:20	00:55:59
237	2	Hermann Aschwer Dr.		TM65	02:56:12	00:25:02	01:38:48	00:52:22
238	44	Stefan Kuhn	LLG Wonnegau	TM45	02:56:35	00:24:49	01:35:23	00:56:23
239	25	Natalie Keul	Dr. Goerg-Team RSG Montabaur III	TM35	02:56:51	00:25:56	01:36:52	00:54:03
240	34	Dirk Dohn	AlterRiesling	TM50	02:56:52	00:26:02	01:37:45	00:53:05
241	6	Heike Janßen	Krefelder Kanu Klub	TW45	02:56:55	00:24:27	01:39:22	00:53:06
242	6	Maria Galda	SSF Bonn	TW35	02:57:58	00:26:39	01:39:21	00:51:58
243	2	Rebekka Mohrmann		TW25	02:58:00	00:26:15	01:35:13	00:56:32
244	35	Guido Seegmüller	SSK Kerpen	TM50	02:58:54	00:21:06	01:34:53	01:02:55
245	16	Mike Prämassing		TM25	02:58:57	00:24:31	01:33:46	01:00:40
246	36	Uwe Palm	DJK Triathlon Andernach	TM50	02:59:09	00:24:29	01:37:08	00:57:32
246	7	Grit Baedeker	TEA/ Storm-Team Triathlon	TW45	02:59:09	00:28:26	01:41:42	00:49:01
248	4	Heike Feistel	Tri Post Trier Damen	TW50	02:59:12	00:23:57	01:41:54	00:53:21
249	45	Thomas Engelke	SSF Bonn	TM45	02:59:15	00:24:41	01:40:51	00:53:43
250	21	Jost Löhnenbach		TM30	02:59:30	00:26:33	01:39:19	00:53:38
251	37	Oliver Minetti	none	TM50	03:00:24	00:25:39	01:38:06	00:56:39
252	22	Daniel Haffa	TV Mußbach	TM30	03:00:25	00:25:59	01:33:45	01:00:41
253	46	Christoph Pohl	SSF Bonn	TM45	03:00:26	00:28:02	01:38:56	00:53:28

254	33	Joachim Gierke	SRL Koblenz	TM40	03:00:42	00:26:05	01:37:05	00:57:32
255	8	Simone Otten	DJK Elmar Kohlscheid	TW45	03:00:45	00:23:32	01:44:25	00:52:48
256	38	Wolf Merkel		TM50	03:00:49	00:24:07	01:36:23	01:00:19
257	39	Thomas Stork	TSV Amicitia Viernheim	TM50	03:00:59	00:23:35	01:37:18	01:00:06
258	7	Stefanie Singer	FCK Tria Team Pizza Hut Saarbrücken	TW35	03:01:01	00:24:00	01:45:05	00:51:56
259	26	Sebastian Kube		TM35	03:01:04	00:25:05	01:39:16	00:56:43
260	27	Stefan Kuchem	Triathlon Steckel Cologne	TM35	03:01:06	00:23:45	01:40:08	00:57:13
261	8	Madeleine Labonte		TW35	03:01:12	00:25:57	01:41:25	00:53:50
262	12	Bernd Giesler	Helmstedter SV	TM55	03:01:14	00:24:18	01:42:03	00:54:53
263	6	Christine Degenhardt	Sanitätshaus Lammert Team -ALV Mainz	TW40	03:01:18	00:23:52	01:42:34	00:54:52
264	5	Sigrid Schinker	LLG Wonnegau	TW50	03:01:29	00:26:12	01:42:55	00:52:22
265	40	Andreas Hausen	-	TM50	03:01:39	00:28:45	01:41:19	00:51:35
266	13	Antonius Salmen	TV Rodenkirchen	TM55	03:01:53	00:22:24	01:41:39	00:57:50
267	47	Herbert Hoppen	SRL Koblenz	TM45	03:02:03	00:00:00	00:00:00	00:00:00
268	23	Erwin Schwindt	Kirche für Bonn	TM30	03:03:07	00:29:02	01:40:51	00:53:14
269	28	Kay Mautes	TRI-SPORT SAAR-HOCHWALD II	TM35	03:03:55	00:28:36	01:42:53	00:52:26
270	14	Günter Schneider	LT SV Westum	TM55	03:03:56	00:27:43	01:43:15	00:52:58
271	6	Heike Schrömgies	SRL Triathlon Koblenz	TW50	03:04:02	00:25:20	01:41:16	00:57:26
272	34	Timotheus Schwake	Hardtberg-Gymnasium Bonn	TM40	03:04:04	00:24:31	01:42:26	00:57:07
273	48	Mario Richter	PSV Bonn Triathlon	TM45	03:04:06	00:23:38	01:35:42	01:04:46
274	41	Thomas Kusch	PSV Bonn Triathlon	TM50	03:05:10	00:25:27	01:41:05	00:58:38
275	17	Sebastian Schmidt		TM25	03:05:12	00:25:27	01:48:03	00:51:42
276	24	Christian Postler		TM30	03:05:17	00:26:02	01:49:37	00:49:38
277	9	Gabi Joecken	Leickspeed-Masters Tri-Sport Saar-Hochwald	TW45	03:05:59	00:23:47	01:41:11	01:01:01
278	42	Stefan Richter Dr.	Triteam Gegenwind Hippos	TM50	03:06:28	00:24:08	01:39:20	01:03:00
278	42	Thomas Metzner	TSG Maxdorf Masters I	TM50	03:06:28	00:29:32	01:43:06	00:53:50
280	49	Jerome Olinger	BIL RUNNERS	TM45	03:06:44	00:26:12	01:39:43	01:00:49
281	10	Alexandra Stüber	Mach3 Köln	TW45	03:06:50	00:25:55	01:44:13	00:56:42
282	50	Ashley Harris	Eifel Grizzlys	TM45	03:07:17	00:26:30	01:40:03	01:00:44
282	50	Mayk Leps	Eifel Grizzlys	TM45	03:07:17	00:25:32	01:41:01	01:00:44
284	35	Jörg Westhofen	HTV	TM40	03:07:25	00:25:26	01:41:30	01:00:29
285	18	Philip Andres		TM25	03:07:51	00:24:26	01:47:47	00:55:38
286	7	Patricia Büchner	SSF Bonn	TW50	03:07:53	00:25:07	01:48:19	00:54:27
287	11	Anette Ramberger	LC OLYMPIA Wiesbaden	TW45	03:08:17	00:25:15	01:44:45	00:58:17
288	3	Stella-Lucia Dupp	Dr. Goerg-Team RSG Montabaur	TWJU	03:08:38	00:23:30	01:45:14	00:59:54
289	8	Sylvia Deufel	Sanitätshaus Lammert Team -ALV Mainz	TW50	03:09:07	00:27:21	01:41:36	01:00:10
290	19	Fabian Heinrichs		TM20	03:09:17	00:29:47	01:44:43	00:54:47
291	9	Petra Ehrsam	TMK Triathlon Mülheim-Kärlich	TW50	03:10:05	00:30:17	01:41:14	00:58:34
292	44	Tom Steuer	SSK Kerpen	TM50	03:10:14	00:25:04	01:44:07	01:01:03
293	3	Esther Hill		TW25	03:10:15	00:26:15	01:46:17	00:57:43
294	52	Vojislav Surlan	TEAM-Radsporthaus Kriegelstein	TM45	03:11:09	00:26:07	01:43:56	01:01:06
295	45	Manfred Eusterholz	Hennefer TV	TM50	03:11:14	00:26:49	01:47:19	00:57:06
296	3	Michael Buntins	TUS Ahrweiler	TM65	03:11:23	00:26:40	01:47:27	00:57:16
297	53	Andreas Sahl	SRL TRIATHLON KOBLENZ	TM45	03:11:56	00:28:13	01:37:22	01:06:21
298	7	Bianca Mille	Dr. Goerg-Team RSG Montabaur	TW40	03:11:59	00:23:30	01:46:40	01:01:49
298	29	Bernhard Pink	keiner	TM35	03:11:59	00:29:14	01:39:45	01:03:00
300	19	Achim Großmann		TM25	03:12:25	00:25:39	01:50:27	00:56:19
301	10	Maria Zimmermann	Tri Post Trier Damen	TW50	03:12:37	00:24:41	01:43:45	01:04:11
302	54	Lothar Wolf		TM45	03:12:47	00:28:47	01:45:09	00:58:51
303	46	Mathias Wodny	TSG Maxdorf II	TM50	03:13:40	00:26:08	01:45:27	01:02:05
304	47	Rolf Gäb		TM50	03:14:13	00:28:19	01:45:11	01:00:43
305	48	Hansjörg Willems	SSK Kerpen	TM50	03:16:10	00:23:19	02:03:00	00:49:51
305	15	Laurenz Mülheims	PSV Bonn Triathlon	TM55	03:16:10	00:26:17	01:49:38	01:00:15
307	55	Jörg Spiegel	Team Triathlon Dreikirchen	TM45	03:17:24	00:25:53	01:50:25	01:01:06
308	36	Sebastian Palm	TMK Triathlon Mülheim-Kärlich	TM40	03:18:17	00:23:16	01:45:33	01:09:28
309	9	Miee Park		TW35	03:19:03	00:26:41	01:55:26	00:56:56
310	49	Karsten Aberle	Tri Freunde Gau-Algesheim	TM50	03:19:18	00:27:20	01:42:12	01:09:46
311	10	Nancy Van Bogaert	Triathlon Vereniging Stein	TW35	03:19:32	00:25:26	01:52:05	01:02:01
312	11	Tanja Wiedemann	Eichbaum Team stimmel-sports	TW35	03:20:06	00:26:20	01:49:14	01:04:32
312	25	David Axt		TM30	03:20:06	00:25:07	01:51:45	01:03:14
314	12	Karina Wenzel-Repey	Tri Post Trier Damen	TW45	03:20:15	00:23:48	01:52:17	01:04:10
315	50	Karl Reiss	DJK-SG St.Ingbert / SV Schlau Saar O5	TM50	03:21:03	00:29:16	01:51:24	01:00:23
316	56	Michael Katzensteiner	TEAM-Radsporthaus Kriegelstein	TM45	03:21:55	00:26:29	01:45:21	01:10:05
317	51	Thomas Jordan		TM50	03:23:17	00:30:22	01:48:37	01:04:18
318	8	Johanna Fennekohl		TW40	03:23:32	00:23:41	01:58:31	01:01:20
319	52	Uwe Reichert	Kowelenzer Luschenpack	TM50	03:23:57	00:25:07	01:54:49	01:04:01
320	16	Frank Stiltz	SV Hellas Siegburg	TM55	03:26:35	00:25:59	01:50:17	01:10:19
321	30	Kai Thierbach	SSF Bonn Triathlon	TM35	03:26:51	00:24:45	02:00:39	01:01:27
322	11	Nicole Kripp	Ludwigshafener Schwimmverein	TW50	03:28:14	00:25:55	02:02:07	01:00:12
323	53	Bernd Köhler	TSG Maxdorf Masters II	TM50	03:28:27	00:28:39	02:02:46	00:57:02
324	9	Tanja Bisselik		TW40	03:28:29	00:31:04	01:55:09	01:02:16
325	54	Stefan Scholz	Team Radsporthaus Kriegelstein	TM50	03:28:40	00:27:55	01:51:53	01:08:52
326	17	Jörg Schmerer	TV 08 Sinzig	TM55	03:30:10	00:27:35	02:01:01	01:01:34
327	18	Volker Wegner	Ludwigshafener SV 07	TM55	03:32:33	00:26:36	02:00:09	01:05:48
328	12	Heike Böhme	TMK Mülheim-Kärlich	TW50	03:33:57	00:26:27	02:00:35	01:06:55
329	12	Nina Heidger	Team get fit	TW35	03:34:21	00:26:27	01:59:15	01:08:39
330	55	Olaf Pocklitz	TEAM-Radsporthaus Kriegelstein	TM50	03:34:36	00:29:36	01:57:03	01:07:57
331	1	Edith Kieseewetter	SSF Bonn	TW60	03:35:09	00:26:46	02:02:26	01:05:57
332	31	Marc Perisa		TM35	03:35:27	00:24:26	01:50:35	01:20:26
333	32	Steve Wegner	Ludwigshafener SV 07	TM35	03:36:15	00:27:29	02:03:54	01:04:52
334	19	Axel Knebel	Lufthansa SV	TM55	03:36:58	00:26:18	02:04:00	01:06:40
335	33	Peter Hegele	Sportfreunde Mett	TM35	03:37:37	00:29:30	01:54:23	01:13:44
336	13	Monika Speidel	TCEC	TW50	03:38:22	00:25:36	02:08:29	01:04:17
337	5	Jane Gottenbusch		TW30	03:38:34	00:27:45	02:05:43	01:05:06
338	37	Mirko Lücke		TM40	03:41:29	00:25:59	02:03:05	01:12:25
338	34	Tom Altmann		TM35	03:41:29	00:28:38	01:56:22	01:16:29

340	26	Sebastian Masuch		TM30	03:45:06	00:28:57	02:05:47	01:10:22
341	56	Christoph Köstler	SSF Bonn Triathlon	TM50	03:45:10	00:29:25	01:58:21	01:17:24
342	4	Julia Heinrichs		TW25	03:58:05	00:27:19	02:14:19	01:16:27

Ergebnisliste Staffel

24. Rhein-Ahr Triathlon des TriTeam Sinzig am 11.09.2016

PLATZ	AKL	NAME	VEREIN	Gesamt	Swim	Rad	Laufen
1		Muth - Bastiaansen - Neumann	Cycling for Kids -Freizeitexpress	02:16:23	00:20:34	01:20:05	00:35:44
2		Schmitz - Köning - Klotz	ACTIVITA 1	02:24:54	00:22:58	01:24:49	00:37:07
3		Enax - Schmitt - Suntrup	Herbstsportler	02:30:56	00:22:05	01:24:15	00:44:36
4		H. - M. - H.	Die Unsportlichen	02:34:37	00:26:48	01:23:24	00:44:25
5		Panier - Horres - Panier	ACTIVITA 2	02:34:52	00:24:15	01:26:10	00:44:27
6		Bach - Weinand - Zeni	TMK Mülheim-Kärlich	02:38:32	00:21:32	01:32:49	00:44:11
7		Klein - Klein - Gerling	LeMaMa	02:38:59	00:21:30	01:31:28	00:46:01
8		Wischnewski - Schumacher - Schmitz	Frueher war mehr Lametta	02:39:22	00:22:42	01:29:14	00:47:26
9		Hannig - Exner - Exner	Drei Asse trumpfen auf	02:39:47	00:23:44	01:31:58	00:44:05
10		Sorges - Kläs - Dr.Schneider	Bahn 4	02:42:22	00:26:02	01:24:55	00:51:25
11		Bülter - Perpeet - Schiller	Die 2 bis 3	02:46:44	00:22:29	01:31:09	00:53:06
12		Gissing - Günther - Leppert	The Distiller	02:50:13	00:22:56	01:43:45	00:43:32
13		Erizös Reinke - Meskendahl - Fehler	49ers	02:51:18	00:28:09	01:38:39	00:44:30
14		Wassong - Köhler - Weiland	Rheinmeile Aktiv	02:52:43	00:22:58	01:43:40	00:46:05
15		Schuth - Dauber - Krautz	PSV Bonn Triathlon - Saisonabschluss	02:54:16	00:28:03	01:40:48	00:45:25
16		Sylla - Kreuzova - Kreuzova	Fraunhofer IAIS	03:03:02	00:30:46	01:35:31	00:56:45
17		Schmerer - Zöllner - Wichmann	Strengel - Team 1	03:05:52	00:27:28	01:44:35	00:53:49
18		Hafner - Große Brinkhaus - Thiebes	Rescue Team Bonn	03:06:15	00:22:32	01:49:55	00:53:48
19		Dickten - Menrath - Schütz	Die Strengelmädels	03:07:22	00:31:44	01:40:44	00:54:54
20		JanßenHolldiek - Artur - Bratek	Triathlon Team Eltville	03:08:13	00:21:31	01:46:00	01:00:42
21		Breidenbach - Gerrits - Thoridt	TriCologneRookies	03:23:08	00:30:12	01:54:28	00:58:28